

# Unmasking Postpartum Depression Conference

Real Pain - Real People - Real Hope

September 29th - October 1st 2009, Delta Hotel, Regina, SK

Register on-line at [www.cntgrp.ca/unmaskingppd](http://www.cntgrp.ca/unmaskingppd) or call 306-584-3556 for more information

## Feature Guest Speaker

### Margaret Trudeau

After seeking medical treatment for her bipolar condition, Margaret Trudeau now has a balanced and happy life. Today she advocates strongly on mental health issues to help people overcome the stigma of mental illness that often prevents sufferers from getting help.

## Presentations from leading specialists on the subject;

### Dr. Shaila Misri MD, FRCP (c)

Clinical Professor of Psychiatry, Obstetrics & Gynecology. Expert in the area of mood disorders in women during pre-menstrual, pregnancy, postpartum, and menopause phases of the life cycle.

### Dr. Nicole Letourneau PhD, MN, BN, RN

Designs and tests interventions to promote the healthy development of vulnerable children exposed to mothers suffering from depression.

### Dr. Angela Bowen RN, PhD

Will discuss depression in pregnancy and postpartum from the "Feelings in Pregnancy and Motherhood Study" conducted in Saskatoon and Five Hills Health Regions. As well as, her study of depression in socially high-risk and pregnant Aboriginal women.

Get practical strategies, tools and critical health updates from leading practitioners to help you:

**UNDERSTAND** the latest research and developments in this area

**DEMYSTIFY** the numerous taboos surrounding PPD and PPP

**CREATE** effective prevention programs

**PREVENT** depression from escalating to abuse or suicide

## Early Bird Rates Available

Please call us for more information on EARLY BIRD registration rates.



Also Presenting:

**Dr. D Natarajan**, Department Head and Chief of Psychiatry, University of Saskatchewan. **Carol Blocker**, founder of Melanie's Battle, a organization devoted to raising awareness of postpartum psychosis and depression. **Elder Marie Favel**, Research Assistant, Indigenous Knowledge for Infant, Child and Family Health. Testimonials from the "Smiling Mask" Team.

Presented by CNT Management Group and the Smiling Mask Team

1975 Broad Street  
Regina, SK  
S4P 1Y2

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## Registration Form

### Attendee Information

First Name: \_\_\_\_\_

Last Name: \_\_\_\_\_

Association/Organization: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Email: \_\_\_\_\_

Special needs, food allergies: \_\_\_\_\_

### Registration Fees

\* Register before August 15th to benefit from the Early Bird rate.

Conference \$300 number of delegates \_\_\_\_\_  Conference Early Bird\* \$250 number of delegates \_\_\_\_\_

Student rate \$200 number of delegates \_\_\_\_\_  Student Early Bird\* \$150 number of delegates \_\_\_\_\_

Ticket for Margaret Trudeau opening keynote \$75 number of tickets \_\_\_\_\_

Table of 6 for Margaret Trudeau \$425 number of tables \_\_\_\_\_

Full registration includes a ticket to Margaret Trudeau's Presentation.

### Payment Information

Subtotal: \_\_\_\_\_ GST(5%) \_\_\_\_\_ Total: \_\_\_\_\_

Cheque  made to the attention of CNT Management Group, sent to 1975 Broad Street, Regina, SK, S4P 1Y2

Master Card  Visa  American Express  Cardholder Name: \_\_\_\_\_

Card Number: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Security # (3 last digits on back of card): \_\_\_\_\_ Signature: \_\_\_\_\_

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